

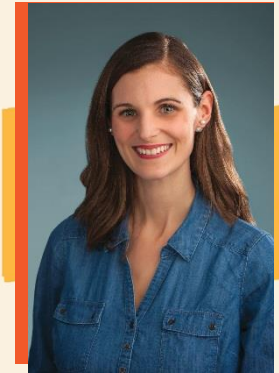


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Cookout Recipes 1-3pm Produce	2 OFF
3 OFF	4  HAPPY LABOR DAY	5 Weeknight Meal Solutions 3-5pm In-store	6 Produce Pick 10am-12pm Produce	7 Go H2O Sampling 12-2pm Produce	8 Friday Night Light Bites 2:30-4:30pm Produce	9 OFF
10 OFF	11 QA Tour Out of Office	12 Produce Pick 10am-12pm Produce	13 Cooking with Diabetes Starts at 5:45pm In-store	14 Weeknight Meal Solutions 3-5pm In-store	15 Snack Smart Sampling 11-1pm Produce	16 OFF
17 Partners In Caring Golf Tournament	18 OFF	19 Snack Smart Sampling 11-1pm Produce	20 Weeknight Meal Solutions 3-5pm In-store	21 Produce Pick 10am-12pm Produce	22 OFF	23 Harvest Festival 12-2pm Produce
24 OFF	25 Produce Pick 10am-12pm Produce	26  Afterschool Snack 3:30-4:30pm	27 Cooking with Diabetes Starts at 5:45pm In-store	28 Associate Wellness Day	29 Snack Smart Sampling 2-4pm Produce	30 OFF

MONTHLY FOCUS

Snack Smart



DIETITIAN

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“Take the Power Your Lunchbox pledge to eat healthier and support Feeding America at the same time! Visit poweryourlunchbox.com for more info!”

-Katie



FREE NUTRITION SERVICES



This month begins the 2017 ShopRite Partners In Caring Hunger Action Month fundraising competition! In collaboration with General Mills, ShopRite stores throughout the Northeast compete to raise funds in support of our community-based hunger fighting program. The winning stores earn a place on a commemorative box of Cheerios!

EVENT DETAILS

**September 1st
Cookout Recipes**

Katie will be sampling healthy cookout recipes to try out this Labor Day.

**Time: 1-3pm
Location: Produce**

**September 5th, 14th & 20th
Weeknight Meal Solutions**

Need to get dinner on the table fast? Stop by Katie's table for quick dinner ideas the whole family will love.

**Time: 3-5pm
Location: In-store**

**September 6th, 12th, 21st & 25th
Produce Pick**

Stop by Katie's sampling table to taste the Produce Pick of the Week.

**Time: 10am-12pm
Location: Produce**

**September 7th
Go H2O Sampling**

Taste new recipes/products at Katie's sampling table.

**Time: 12-2pm
Location: Produce**

**September 8th
Friday Night Light Bites**

Stop by Katie's table to sample healthier versions of some of your favorite tailgating recipes!

**Time: 2:30-4:30pm
Location: Produce**

**September 13th & 27th
Cooking with Diabetes**

Katie will be featuring a diabetes-friendly recipe in a healthy cooking demonstration. Samples provided.

Sign up at Customer Service – Space Limited!

**Time: Starts at 5:45pm
Location: In-store**

**September 15th, 19th & 29th
Snack Smart Sampling**

Taste new recipes/products at Katie's sampling table.

**Time: See calendar
Location: Produce**

September 17th



**Partners In Caring
Golf Tournament**

**September 23rd
Harvest Festival**

Katie will be sampling recipes highlighting seasonal produce.

**Time: 12-2pm
Location: In-store**

**September 26th
Afterschool Snack**

Stop by Katie's table to sample healthy afterschool snack ideas for the kiddos!

**Time: 3:30-4:30pm
Location: Café area**

**September 28th
Associate Wellness Day**

ATTN Associates! Katie will have healthy samples available in the café area for you. Stop by on your break/lunch!

**Time: 10am-3pm
Location: Café area**

FREE NUTRITION SERVICES



**Katie Gallagher
Registered Dietitian**

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Get involved! ShopRite Partners In Caring contributes to more than 2,000 hunger fighting agencies annually. Proceeds from the fundraiser will go towards fighting hunger right here in our community.

