

VEGETABLE LASAGNA



grocery list

Hain Pure Foods Sunflower Oil

onion

cremini mushrooms

carrot

zucchini

ShopRite organic grape tomatoes

fresh garlic

fresh baby spinach leaves

Organic Valley Low Fat Cottage Cheese

Organic Valley Part Skim Shredded Mozzarella

Arrowhead Mills Organic Flax Seed Meal

Simply Organic Oregano

Muir Glen Organic Chunky Tomato & Herb Pasta Sauce

no-cook lasagna noodles

Organic Valley Part Skim Shredded Mozzarella

Organic Valley Shredded Parmesan

