



Chocolate Covered Long-Stem Strawberries

prep time:
10 minutes

cook time:
15 minutes

makes 8 servings

grocery list

16 large fresh long-stem strawberries
 $\frac{1}{2}$ lb. good quality semi-sweet
chocolate
Betty Crocker Sprinkles and other
decorating products

chocolate covered long-stem strawberries

16 large fresh long-stem strawberries
½ lb. good quality semi-sweet chocolate,
cut into pieces

Betty Crocker Sprinkles and other
decorating products

1. Gently rinse strawberries just before coating. Drain well in colander. Place on paper towels. Cover tray with wax paper.
2. Place 1½ cups of water in medium saucepan; bring to simmer over high heat. Reduce heat to low. Place chocolate pieces in a steel mixing bowl that will rest over top of saucepan, but not touch the water. Make sure that water stays at a slow simmer. Stir the chocolate with a dry heat-proof spatula, being careful not to get any water in the chocolate. (Water will cause chocolate to tighten and gum up; see recipe note if this happens.)
3. Gently wipe off berries with a dry paper towel, letting the berries rest in a cool dry place. When chocolate is completely melted, hold each berry by the stem, and dip the berry up two-thirds of the way to stem. Let excess chocolate drip off into melted chocolate; place coated berry on wax paper-covered tray to cool. While the berries are starting to cool, decorate as desired with sprinkles or other decorations of your choice.

Per Serving: 168 calories, 22g carbohydrate,
2g protein, 10g fat, 3g fiber, 0mg cholesterol,
1mg sodium

cook's journal

kitchen tools

cutting board

chef's knife

colander

medium saucepan

steel mixing bowl

heat-proof spatula

tray

wax paper

recipe note

Keep solid vegetable shortening on hand when melting chocolate. If chocolate tightens and gums up, stir in shortening, ½ teaspoon at a time, until chocolate becomes fluid again.

a good idea

Choose a cool, dry day to melt and coat with chocolate. High humidity can cause chocolate to tighten. Make sure your bowl and utensils are clean and dry.

