



RoNetco Supermarkets Calendar of Health Events

Stay Healthy in 2009 with RoNetco Supermarkets

NEWTON, NJ - The ShopRite of Newton and medical professionals from Newton Memorial Hospital, will conduct a FREE Health Awareness Clinic on **Wednesday, March 4th from 10:00 AM to 2:00 PM**. The clinic will take place at the store, 125 Water Street (Route 206 North) in Newton. Conducted by their registered pharmacist, the topic Understanding How to Deal with Alzheimer's and Parkinson's Disease will discuss successful practices and medications prescribed for patients. All are welcome! No registration is necessary!

These workshops, typically held the 1st Wednesday of every month, are open to the public in an effort to provide continuing education for members of the community. Reducing health risks and improving overall health for the consumers they serve is part of RoNetco's business philosophy of being Partners in Caring for Neighbors' Families, Homes and Communities.

LEDGEWOOD - The ShopRite of Succasunna, located at 281-031 Rt. 10 & Commerce Blvd. (Roxbury Mall), will be the site for blood pressure and diabetes screenings performed monthly by the Community Health Department of Morristown Memorial Hospital. Each session will be held from 12:00 pm to 3:00 pm. This is a complimentary service and no pre-registration is required. RoNetco Supermarkets has partnered with the Hospital in an effort to screen and educate the members of the community to reduce health risks and improve overall health for the consumers they serve. Listed below are the dates scheduled:

Friday, February 13 th , 2009	Blood Pressure Screening
Friday, March 13 th , 2009	Blood Pressure and Diabetes Screening
Friday, April 10	Blood Pressure Screening
Friday, May 8	Blood Pressure Screening
Friday, June 12 th , 2009	Blood Pressure and Diabetes Screening
Friday, July 10	Blood Pressure Screening
Friday, August 14	Blood Pressure Screening
Friday, September 11 th	Blood Pressure and Diabetes Screening
Friday, October 9	Blood Pressure Screening
Friday November 13	Blood Pressure and Diabetes Screening
Friday, December 11	Blood Pressure Screening

Start Fresh in '09

NEWTON, NJ - The ShopRite of Newton, in conjunction with Newton Memorial Hospital, has announced their first in a series of Health Awareness Clinics. *"Blood Pressure and Me, A Winning Combination"* will be held on Wednesday, February 4th from 10:00 AM to 2:00 PM. The free clinic will take place at the store, 125 Water Street (Route 206 North) in Newton. Conducted by a registered pharmacist and professionals from Newton Memorial Hospital, customers are invited to attend. RoNetco Supermarkets, operators of ShopRite stores in Sussex, Morris and Warren counties, has partnered with Newton Memorial Hospital in an effort to screen and educate the members of the community to reduce health risks and improve overall health for the consumers they serve. No appointment is necessary. *Don't look back; look forward with a healthy heart!*

MANSFIELD NJ - The ShopRite of Mansfield, in conjunction with Hackettstown Regional Medical Center, has announced their second in a series of Health Awareness Clinics. Blood pressure screenings will be performed on Tuesday, February 10th from 10:00 am to 12:00 pm. This complimentary service will take place at the store, 1965 Route 57 in Hackettstown. Customers are invited to attend. RoNetco Supermarkets has partnered with local hospitals in an effort to screen and educate the members of the community to reduce health risks and improve overall health for the consumers they serve. No appointment is necessary. *Don't look back; look forward with a healthy heart!*

LEDGEWOOD NJ - Ronetco Supermarkets, Inc. has announced the dates of its Winter Blood Drive conducted by New Jersey Blood Services at its seven ShopRite supermarkets on the following dates and times:

Date	Location	Hours
February 2	ShopRite of Newton 127 Water Street (Route 206 North) Newton NJ 973-383-6900	10:00 am - 7:30 pm

February 6	ShopRite of Flanders 90 Bartley Road Flanders NJ 973-252-5160	8:00 am - 1:30 pm
February 19	ShopRite of Succasunna 281-031 Route 10 Succasunna NJ 973-584-1322	10:00 am - 8:30 pm

RoNetco Supermarkets, Inc. operates seven supermarkets in Sussex, Warren and Morris counties. RoNetco is delighted to sponsor two blood drives annually. They are held in the winter and summer when the need for blood is most critical. These events are part of RoNetco's "Partners in Caring For our Neighbors' Families, Homes and Communities" business philosophy.