

ShopRite of Passaic-Clifton
LIVE RIGHT CALENDAR OF EVENTS
MARCH 2010



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For More Information, call 973- 471-0868

Do you have nutrition questions, need menu ideas, or just want tips for helping the family eat better? Michelle is here to help you meet your health and wellness goals. Ask for Michelle at the courtesy counter and she would be more than happy to help you.

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| March 9,
Tuesday | 6p | Got Low-fat Milk?
Taste test low fat milk and learn the differences between whole milk, 2%, 1% and fat-free. |
| March 13,
Saturday | 11a | Children Coloring
Color the food guide pyramid and more! While learning and tasting healthy snacks! *(Children must be at least 4 years of age and accompanied by an adult at all times) |
| March 14,
Sunday | 11a | Children Coloring
Color the food guide pyramid and more! While learning and tasting healthy snacks! *(Children must be at least 4 years of age and accompanied by an adult at all times) |
| March 17 | | Happy Saint Patrick's Day! |
| March 20 | | Earth Day! |
| March 27,
Saturday | 11a | National Nutrition Month
"From the Ground Up"..... Come with your green thumb and plant some vegetables just in time for spring! |

