



ShopRite of Greenwich Calendar of Events for July 2009

Sheila Suerig, LiveRight with ShopRite™ Consultant

For More Information, call 908-454-8086

Offering Free Nutrition Store Tours and Private Sessions

Peter Fares, RPH, call 908- 454-7553

We offer a full service pharmacy with a supervising pharmacist on duty all day

- July 3rd, 4th & 5th **Live Right with ShopRite Recipe Demo**
Delicious & simple recipes to sample 11:30am to 3:00pm
- July 7th, Tuesday **New Weight Loss Class**
“Walk Your Way through Weight Loss- Get Moving Get Healthy”
Program Fee - \$50 for 10-week course w/ **\$25 Gift Card upon completion**
Classes meet 11am-12pm & evening session 6pm-7pm
Sign up sheet at the Live Right Kiosk or see Sheila.
Class ends July 7th. New class starts in September.
- July 8th, Wednesday **Celiac Support Group** at Warren Hospital - Farley Room
If you have celiac disease and need to avoid gluten, please join us for
this **FREE** informative meeting from 7:30 pm to 9 pm.
- July 9th, Thursday **Live Right Cooking Series presents “Make Your Summer Sizzle,
Mediterranean Style”** 6:00pm-7:30pm. Join us to learn how you can
entertain this summer with healthy & delicious culinary flair from the
Mediterranean Seas.
Sign up @ the customer service desk in Greenwich. Class Limit of 20.
- July 10th, 11th & 12th **Live Right with ShopRite Recipe Demo**
Delicious & simple recipes, 11:30am to 3:00pm
- July 16th, Thursday **Live Right Cooking Class** in Clinton, 6:00pm-7:30pm. Class is filled.
- July 17th, Friday **Salsa Night** in Flemington, 6pm to 10pm. ShopRite Sponsored Event





July 17th, 18th, 19th

Live Right with ShopRite Recipe Demo
Delicious & simple recipes, 11:30am-3:00pm

July 24th, 25th, 26th

Live Right with ShopRite Recipe Demo
Delicious & simple recipes, 11:30am-3:00pm

July 31st, Friday

Scrunchy's Playhouse Book Club - 11:00am to 12:00pm
Children will listen to a nutritional story and sample related snacks

July 31st, Friday

Live Right with ShopRite Recipe Demo, 11:30am-3:00pm

